Use this Sheet to record an issue, goal and assessment for each area. Turn in and keep a typed copy:

|  |  |  |  |
| --- | --- | --- | --- |
| **ALIGNMENT** | **ISSUE** | **GOAL** | **ASSESSMENT** |
|  Identify a body part you want to focus on improving how you use it |  |  |  |
|  |  |  |  |
| **TECHNIQUE** | **ISSUE** | **GOAL** | **ASSESSMENT** |
| Identify a specific aspect of technique you want to improve on |  |  |  |
|  |  |  |  |
| **LOCOMOTION** | **ISSUE** | **GOAL** | **ASSESSMENT** |
| Indentify a movement through space you want to improve on |  |  |  |
|  |  |  |  |
| **ARTISTIC** | **ISSUE** | **GOAL** | **ASSESSMENT** |
| Identify a performance aspect of your dancing you want to improve on |  |  |  |
|  |  |  |  |