



WOMEN'S HISTORY MONTH



Women in Psychology Panel

Friday, April 9th
1-2:15pm - Google Meet

**Jessica Garcia,
PsyD, LP**



**Karey O'Hara,
PhD**



**Ciarra Hinson,
Grad Student**



**Evelyn Ruiz,
MA**



**Christina Van,
PhD**



Women in Psychology Panel



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WOMEN'S HISTORY MONTH



Women in Psychology

Panel hosted by Estrella Mountain
Psychology Club & Psi Beta Honor Society

Panelists:

**Dr. Jessica
Garcia, PsyD, LP**



**Dr. Karey
O'Hara, PhD**



**Ciarra Hinson,
Grad Student**



**Evelyn Ruiz,
MA**



**Dr. Christina
Van, PhD**



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Jessica R. Garcia, PsyD, LP

Dr. Garcia graduated Summa Cum Laude with a BS in Psychology from the College of Interdisciplinary Arts and Sciences at Arizona State University in 2011. She completed one year of the Forensic and Counseling Masters Program at William James College (formerly MSPP). She graduated from the Clinical PsyD program with dual concentrations in Forensic Psychology and Latino Mental Health. She completed her APA Predoctoral Internship at the Federal Medical Center - Rochester, a Federal Bureau of Prisons Institution.

She currently works as a licensed clinical psychologist at the Forensic Mental Health Program for the state of Minnesota (Department of Human Services - Direct Care and Treatment).



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Karey L. O'Hara, PhD

Dr. O'Hara is an Assistant Research Professor of Psychology at Arizona State University. She earned her Ph.D. in clinical psychology from the University of Arizona in 2017. She completed a clinical internship at SUNY Upstate Medical University and an NIH-funded T32 postdoctoral fellowship at Arizona State University's REACH Institute.

Her research lies at the intersection of prevention science and child mental health. She conducts research on the ways that children and parents adjust after stressful events in the family, such as parental divorce, bereavement, and incarceration. Her current work focuses on designing interventions so that they are informed by science, easy to use, and effective in promoting children's mental health and well-being.



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Ciarra Hinson, Future MS in Psychology Grad Student

Ms. Hinson was recently admitted as a graduate student in the Masters of Science in Psychology at Arizona State University. She is a recent graduate of Grand Canyon University with a Bachelor's in Psychology and a minor in Counseling. Her studies began at Estrella Mountain Community College and she graduated in 2019 with an Associates in Arts degree. Ciarra is a member of various honors societies as well as a former member of psychology club. Her interests include clinical and health psychology and she plans to become a clinical health psychologist.



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Evelyn Ruiz, MS

Professor Ruiz is an alumni of EMCC, ASU, and GCU. She attended ASU for undergrad in Psychology and has a Master of Science in Industrial and Organizational Psychology (I/O). She has worked in the behavioral health field for over 8 years as a case manager and therapist. Her clients ranged from children to adults where she worked with suicidal ideation, substance use, and domestic violence. Most recently, she worked at a hospital doing data analysis for individuals with infectious diseases. Her I/O degree has allowed her to have a diverse background in psychology. I/O psychology is a less known degree, but it is very necessary and opens the door to many opportunities.



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Christina M. Van, PhD

Dr. Van is a licensed Counseling Psychologist who maintains an active psychotherapy practice as well as teaching full-time for the past 16 years. Her background centers around issues of diversity and inclusion, personal and academic development in underserved populations (including students of color, LGBTQ+ issues, and individuals with disabilities), Feminist Psychology, and Buddhist based approaches to health and wellness.

Her primary classes include Abnormal Psychology, Psychology of Gender and Introduction to Psychology. The driving force behind her life and work is her passion for social justice.



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1. **How did you first become interested in psychology? What would you tell someone considering a psychology major?**
 - **Did you participate in any organizations/internships/clubs... etc that you would recommend to our students?**

2. **Did you like the psychology program at your school(s)?**
 - **Why or why not? How was the application process (to graduate school) for you? (Can touch on: PsyD vs PhD)**

3. **What is something you know now that you wish you knew then (before college, during college, during graduate school, your first job...)?**

4. **What challenges have you faced as a woman in psychology? (Feel free to address other challenges/successes, as well).**



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**Thank you for coming to our event!
Please take a moment to fill out this
survey:**

<https://forms.gle/5PBC2je2YrNk55zn7>



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