

Learning Objectives

- By the end of this workshop, students will define self-advocacy in their own words, identify at least 3 practical strategies for requesting and using college accommodations, and understand the importance of personally communicating their approved accommodations to instructors.
- By the end of this workshop, students will practice creating a sample written action plan using a provided template and learn key elements they can use to develop their personalized plan privately at a later time.

Pre-Workshop Survey: Self-Advocacy for Using Approved Accommodations

Scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree

1. I understand how to communicate with my instructors about my approved accommodations.
2. I feel confident explaining my accommodation needs to my instructors.

Opened Ended Questions (Short Answer):

3. What is the best way to initiate a conversation with an instructor about your accommodations?
4. What challenges might you face when talking to an instructor about your accommodations? Please be as specific as possible.
5. What do you hope to gain from this workshop on using your accommodations more effectively?

Post-Workshop Survey: Self-Advocacy for Using Approved Accommodations

Scale: 1 = Strongly Disagree, 2 = Disagree, 3 = Neutral, 4 = Agree, 5 = Strongly Agree

1. I understand how to communicate with my instructors about my approved accommodations.
2. I feel confident explaining my accommodation needs to my instructors.

Open-Ended Question (Short Answer):

3. What is the best way to initiate a conversation with my instructor about my accommodations?
4. What is one action you will take to overcome your challenges when talking to your instructor about your accommodations? Please be as specific as possible.
5. What is one action you plan to take this semester to use your accommodations more effectively?

Long answer:

Please share your input about the workshop. What was helpful, and what recommendations do you have for future workshops?